



**Paphos
International
Sailing Club**

The MainSheet

December 2017

In This Issue...

Laying Up Supper	1
Club News	2
Dinghy Sailing News	3
Dinghy News	4
Sailing Calender	4
Training News	5
Social News	6-7
January Events	7
Members Ads	8

2017 Laying Up Supper

The Laying Up Supper was held in the clubhouse on Tuesday 14th November.

Almost eighty club members attended the 2017 Laying Up Supper in the clubhouse last month.

It was a very successful evening organised by Liz and Brian Parker

A delicious meal was prepared by Liz Parker, Jackie Wells and Carol Willey.



The Aphrodite Trophy was awarded to Penny Hutton Ashkenny and Ann Farlow

Paphos International Sailing Club
Website: www.PISC.com.cy

Commodore: Mike Robb
Commodore@pisc.com.cy

Vice Commodore: John Morren
ViceCommodore@pisc.com.cy

RCS: Bob Sheward
RearCommodoreSailing@pisc.com.cy

RCH: David Smith
RearCommodoreHouse@pisc.com.cy

Hon. Secretary: Liz Unwin
Secretary@pisc.com.cy

Hon Treasurer: Jaqui Biggs
Treasurer@pisc.com.cy

Social Secretary:TBA
SocialSecretary@pisc.com.cy

Membership: Jim Ridgway
MembershipSecretary@pisc.com.cy

Editors: Mike Robb & Jim Ridgway
PISCMainsheet@gmail.com

Photographers:

Yeng Chow, Chris Scorer & Liz Unwin

Views and comments expressed in this publication are those of the individual and are not necessarily those of the committee.



Chris 'The DJ' Scorer provided the music for the after dinner dancing



Barry Howarth was presented with the 'Rookie Prize' by RCS Bob Sheward

Les Halleron and Paul Hudson served behind the bar and the clubhouse was beautifully decorated for the occasion by Penny Hutton Ashkenny, Brigitte Davenport, Ann Farley, Ann Gray and Carol Robb.

RCS Bob Sheward announced the winners of the trophies following an update on the Off-shore activities from Chas Kimber and Social by John Morren.

Once the formal part of the evening was over our very own Chris 'The DJ' Scorer provided some lively music for dancing!

All the pictures of the evening can be seen on the website at Events > Photo Gallery. Pictures courtesy of Yeng Chow.

The full list of award winners can also be seen at On The Water > Racing Results.



Club News

The MainSheet Returns

Following a number of month's absence the MainSheet has returned to a screen near you! I am pleased to say that Jim Ridgway has agreed to help put the newsletter together, which will be a great help. Jim, as you probably know, already compiles the Scuttlebutt weekly information news and thus has some experience in these matters.

The MainSheet is intended to provide background information and club news whilst the Scuttlebutt is a reminder of forthcoming events at the club.

If you have any news or views that you would like to see in print email Jim or myself at MainSheet@gmail.com.

Don't forget you can advertise free of charge. Send a picture of your items plus a description and contact details and we'll do the rest! Email MainSheet@gmail.com.

Forthcoming Social Events

We have a number of great events planned in January and details are always kept up to date on the website under **Events > Social Events** so check regularly for updates to the Social Calendar.

Two dates for your diary are:

Tuesday 16th January - there will be a talk by Peter Moore on the events of 1974 in Cyprus and the effects on the Greek and Turkish Cypriots. I guarantee that you will be fascinated by Peter's talk so please come along.

Friday 19th January - Following the lunch service including a special curry menu (as well as standard items) we are holding our inaugural Charity Auction in aid of the **Alzheimer's Support Group, St. Michael's Hospice Charity Paphos, the Paphos Cancer Patients Support Group and PISC.**

We URGENTLY need contributions for the auction so please have a look around your house for suitable items of bric-a-brac, sailing kit or anything you think may be of interest. You can bring these along to the clubhouse anytime and they will be stored safely. (We regret we can't accept clothing or shoes unless sailing related).

Social Secretary

John Morren (Vice Commodore) is stepping down as the acting Social Secretary in January as he will be off island for around six weeks.

If you feel you could assist please email me:

PISCcommodore@gmail.com



Volunteers required.

Our volunteers are the lifeblood of the club and we urgently need more help, as follows:

- **Friday Bar Staff.** The task lasts from 1130 – 1600hrs and involves setting up the bar and seating area, serving throughout our opening times (1200 – 1600) and then helping clear away, stack the dishwasher afterwards.

- **Duty Manager.** This really needs to be someone who lives nearby (Pegeia, Sea Caves, Coral Bay, AG) it involves opening up the club on a Friday at about 1100hrs and locking up at the end of the day at approximately 1700hrs. It is not essential to be there all the time in between whilst the club is full of members.

- **Cashier.** This duty runs from 1145hrs until about 1430 and involves taking money for the meal orders and selling the bar cards to members.

None of the above are onerous and with sufficient volunteers would not come around more than about once every 2/3 months. Please consider giving a little of your time and do your bit to help the club out.

If you would like to help, please contact either John Tremain or a committee member.

Clubhouse Opening Times

Tuesdays

Open for Special Events only, please see the website **Events > Social Events** for full details.

Fridays

Open	1200 - 1600
Last Food Orders	1400
Last Drinks Orders	1530



Dinghy Sailing News

Bacon Butties

Following the closure of the beach cafe for the winter the RCS went in search of vol-



unteers to carry on the PISC tradition of serving bacon butties after sailing.

Fortunately Janet Howarth assisted by Jaqui Biggs volunteered as BBPM (Bacon Buttie Production Manager) and sales are brisk!

Apart from providing much needed sustenance the sales generate valuable income for the sailing budget.

NEW SIs For 2018

RCS, Bob Sheward, is planning to revise the SIs for the Series Races and Monthly Shield for 2018.

The Series Races will run for three months each and will include new courses to make racing more interesting.

The Series Races are planned:

Winter	Jan 6 to Mar 31
Summer	Apr 7 to Jun 30
Autumn	Jul 7 to Sep 29
Winter	Oct 6 to Dec 29

The SIs can be found on the web-site under On The Water > Sailing Calendar.

Buoyancy Aids

Buoyancy aids are now available for purchase from Dorothy together with a selection of clothing and merchandise. We recommend that sailors have their own buoyancy aids to ensure a good fit and serviceability.



Buoyancy aids are simply that - an aid to buoyancy that generally relies on help being close at hand.

It assumes that the wearer is able to help themselves to some degree by swimming to safety or by keeping themselves afloat while assistance arrives if required.

Buoyancy aids are suitable for personal watercraft (PWC), dinghies, windsurfing and generally for activities where the wearer might reasonably expect to end up in the water.

Buoyancy aids and lifejackets have different levels of buoyancy. These levels of buoyancy should be considered and influence your choice. There are four main buoyancy levels: 50, 100, 150 and 275.

In general terms, Level 50 is a buoyancy aid designed for when help is close at hand, whereas Level 150 is a general purpose life-jacket used for offshore cruising and motor boating



Recognized Training Centre

CySaF Inspection

The CySaF annual inspection of PISC facilities and standards has been delayed. It is expected that this will now take place on January 4th 2018. Thank you to all of you who helped to prepare for this inspection.

Winter Weather

With the winter well and truly upon us we would like to remind boat owners at A.G. to make sure their boats are securely tethered to prevent them from being blown over in windy weather.

The Wayfarers which face the prevailing wind should also have an extra securing line at the bow to stop them being blown into their neighbours.

We do try to check each others boats at regular intervals but it would be a good idea if you are away to ask a friend to keep an eye on your boat.





Sailing News

Foiling - The Future of Sailing?



On Tuesday 9th January Bob Sheward will give a video presentation on foiling sailboats.

Will this become a common sight at Agios Georgios?

Racing Rules of Sailing

The Racing Rules of Sailing (often abbreviated to RRS) govern the conduct of yacht racing, windsurfing, kitesurfing, model boat racing, dinghy racing and virtually any other form of racing around a course with more than one vessel while powered by the wind. A new revision is published every four years (after the Olympic Games) by World Sailing, the sport's world governing body. Full information on the rules can be downloaded at World Sailing.

Thanks to David Brown

Many thanks to David Brown who recently gave two very informative talks at the clubhouse regarding sailing techniques and the Racing Rules.

In November he divulged many secrets on boat set up for racing and sail trimming in light and



strong winds and earlier this month explained the Rules of Sailing Part II - 'When Boats Meet'.

Sailing Calendar

DATE

Thursday 7th December

Saturday 9th December

Thursday 14th December

Saturday 16th December

Thursday 21st December

Saturday 23rd December

Thursday 28th December

Saturday 30th December

Thursday 4th January 2018

Saturday 6th January 2018

Thursday 11th January 2018

Saturday 13th January 2018

2nd September to 30th December

2018 Series

6th January to March 31st

April 7th to June 30th

July 7th to September 29th

October 6th to December 29th

EVENT

Practice & Free Sailing

YST 1300 - 1600

Series & Monthly Shield Races

Practice & Free Sailing

YST 1300 - 1600 Course Ends

Series & Monthly Shield Races

Practice & Free Sailing

Series & Monthly Shield Races

Practice & Free Sailing

Series & Monthly Shield Races

Practice & Free Sailing

Series & Monthly Shield Races

Practice & Free Sailing

Series & Monthly Shield Races

Autumn Series

Winter Series

Spring Series

Summer Series

Autumn Series

A.G. SAILING TIMES

Thursdays

Practice & Free Sailing

Safety Boat Crew 1000

Beach Crew 1030

Briefing 1100

Sailing from 1130

Saturday Racing

Seasonal Series & Monthly

Shield

(usually 2 races back to back)

Safety Boat Crew 1000

Beach Crew 1030

Briefing 1100

Warning Signal 1155



Training News

Training Courses Recently Completed

- CYSAF "Learn to Sail" Level 1-3 Course

Chas Kimber ran the Level 1-3 course which concluded on 19 October and all 4 students, Chas Bonello, Barry Howarth, Todd Horton and Marjan Androussenko completed the course successfully. Phil Mutton was on hand to provide support and oversight to Chas in his first lead on a CYSAF Level 1-3 course.

Phil also concluded the training of Richard Wheeler who had some outstanding elements to be completed from the May Level 1-3 course.

- PISC RIB Cox'n course

John Tremain led a RIB Cox'n course on 30 October at AG. Peter Wade, Ken Stewart, Paul Hudson, Roy Hartley, Chas Bonello and Jon Garratt successfully completed the course and are now novice helms building experience in anticipation of Safety Cox'n training in due course.

- Tuesday night talk

On Tuesday 7 November David Brown presented a talk and video in the clubhouse on How to rig for light and strong winds.

- CYSAF Level 1 Dinghy Instructor Course

Phil Mutton organised and led a Level 1 Dinghy Instructor course at AG over the period 4-16 November that was attended by 3 members.

Training courses planned

- Dinghy Crew training

There are 2 candidates listed for a Dinghy Crew course but there are no dates proposed at present.

- Tuesday night talk

David Brown will present an illustrated talk on The Racing Rules of Sailing – Part 2: When Boats Meet on Tuesday 5 December at 7.30pm in the clubhouse.

- CYSAF Level 2 Senior Dinghy Instructor Course

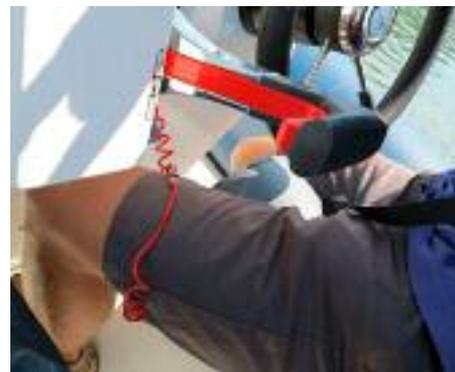
Phil Mutton has been authorised to hold a CYSAF Level 2 Senior Dinghy Instructor Course on 5-9 March 2018. The course will be open to those who hold the CYSAF Level 1 Dinghy Instructor qualification. The course concentrates on the management of training and training centres.

Youth Sail Training Project

- Progress Report

Progress on the current Youth Sail Training course was interrupted by school commitments on the part of 2 students but training has resumed, and progress is within a week, or so, of the planned schedule.

Kill Cords



The RYA recommends that the kill cord be attached around your leg

Summary of RYA advice and recommendations:

- The RYA recommends that the kill cord be attached around your leg. It should not foul the steering or gear controls.
- The RYA does not recommend extending the length of the kill cord provided by the manufacturer of the engine.
- Always check your kill cord works at the start of each day or session and check it regularly for signs of wear.
- When replacing kill cords, purchase a good quality lanyard with a strengthening cord through the middle.
- Do not leave kill cords out in the elements. Extremes of temperature and UV light will harm the lanyard in the long term.
- If your lanyard has a fabric outer sheath, but has lost its spiral tension, it is advisable to replace it as it is possible that the inner strengthening cord may be damaged.
- Keep a spare kill cord on board

<http://www.rya.org.uk/knowledge-advice/safe-boating/look-after-yourself/Pages/kill-cord.aspx>



Social News

Koula Presented with Mosaic

On Friday 24th November the members presented our benefactor at Agios Georgios, Koula, with a beautifully hand crafted mosaic created by Mel Tremain.

Koula is an Honorary Member of PISC and has very generously allowed us to use her land and facilities at Agios Georgios for a number of years.



Closeup view of Mel Tremain's design
Photographs by Liz Unwin

Mike presents Koula with the mosaic.

Future Planned Social Events...

Friday 22nd December	1300	Christmas Lunch (turkey or beef) + Carols	Tickets from Dorothy
Tuesday 9th January 2018	1930	Video 'Foiling - The Future of Sailing'	All welcome
Tuesday 16th January 2018	1930	Talk by Peter Moore 'Days We Have Seen' a personal account of events in Cyprus in 1974	All welcome
Friday 19th January 2018	1330	PISC Charity Auction after normal lunch service - Special Curry Lunch menu plus normal food options.	Guests Welcome
Monday 22nd January	1730	Bowling Night - book with John Wake	All Welcome
Tuesday 30th January	1930	Club Quiz - food menu TBA	All Welcome
Monday 19th February	1030	Green Monday - Kite Flying + BBQ at Agios Georgios	
Tuesday 20th February	1930	Chinese New Year at the clubhouse	
Tuesday 20th March	1900	Fitting Out Supper	Ticket event



January Events at the Clubhouse

'Days We Have Seen' by Peter Moore

On Tuesday 16th January 2018, Peter Moore will be giving a talk at the clubhouse on events in Cyprus in the summer of 1974.

I first heard Peter talk a few months ago and was fascinated by what he had to say. I asked him whether he would give a talk to PISC members and although this is something he no longer does, he eventually agreed. Please come along and hear him talk on January 16th at the clubhouse at 7pm.

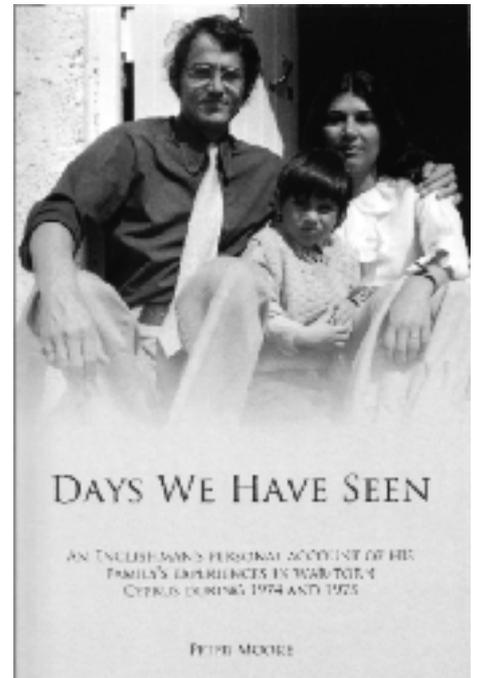
Mike Robb

Peter has written a book about his experiences and it is reviewed here.

'By global superpower standards, what happened in Cyprus during the summer of 1974 was a mere miscalculation. It was, however, a disaster for thousands of ordinary Cypriots, both Greek and Turk.

This account of those times is exceptional because it is written by an artist who is both a detached outside observer and a passionate insider who cares very much for the well-being of all Cypriots. This book does not focus on the politics of a now-divided island or apportion blame for its current state or dwell relentlessly on the suffering of its refugees. Rather it tells the stories of a few ordinary people caught up in the catastrophic events of that summer, of how they lost their homes but not their dignity and how they started to rebuild their lives with determination and courage. As such it has a universal relevance going far beyond the people of Cyprus.

This short book, enriched with more than forty contemporary photographs, is a compulsive read and almost impossible to put down'.



Days We Have Seen by Peter Moore

PISC Charity Auction

PISC Charity Auction Friday January 19th 2018

PISC will be holding a Charity Auction at the Clubhouse on **FRIDAY JANUARY 19th** starting at 1.30 pm following the normal Friday lunch service. Members of the 'Naughty Table' have suggested a Curry Lunch menu which from past experience is not to be missed! (Other items also available).



Alex from 'Flog It' fame will be our auctioneer!

All proceeds will be shared between the **Alzheimer's Support Group, St. Michael's Hospice Charity Paphos, the Paphos Cancer Patients Support Group and PISC.**

We **URGENTLY** need your help to make this very worthwhile event a success. We are looking for unwanted items, household or sailing bric-a-brac or anything that might be of interest (but please no clothes or shoes unless of a sailing nature).

All contributions can be brought to the clubhouse from **NOW** onwards and will be sorted and stored safely in the container. If you are going away for Christmas please bring your contributions before you go.

Alexander Demaret will be our auctioneer on the day and has experience in this field having been seen on the BBC's antiques programme 'Flog It' several times! This is intended to be a fun event so please help these worthy causes by bringing along those unwanted items NOW.



Members Advertisements



FOR SALE

1979 Wayfarer Mark 2 GRP

Complete with Road Trailer, Launch trolley, Outboard motor, NEW dinghy cover, Bimini cover, NEW cruising sails (Genoa), spare sails, spinnaker & pole, oars, anchor + other extras

PRICE: €3250 ONO

Contact Tony Davenport: 99387881



FOR SALE

**'Little Nellie'
Mark 1
Kestrel.**

Much work done, dry boat, Several sets of sails including spinnaker, Launching Trolley
Recent new fittings and halyards
€1,500

Contact:- Graham Hayman,

Tel:- 99251868

Email:- grahamhayman@primehome.com

Members may advertise on this page free of charge, send pictures and description of your ad to mainsheet@gmail.com

USEFUL PHONE NUMBERS

Rescue Coordination Centre	1441
VHF ('Cyprus Radio')	Ch 16, 70
SAR Phone Center	2464 3005
Other Phones:	2430 4723 24304737
Marine Police, Paphos	2681 1390
Police, fire, ambulance	112 or 199
Paphos Police	2680 6060
Peyia Police	2680 6350
Ambulance	2260 4031
Phoenix Private Ambulance	9555 9911



Ladies "Red Green" winter sailing jacket.
Ladies size 12/14. €50 or nearest offer
Contact Carole Richards
carole2224@gmail.com