



Welcome to our March edition we are slowly getting through the bad weather and we shall all have more fun on the water. The temperatures are now starting to hit 28 degrees so we will soon be putting our winter clothes away again and digging out the shorts! Apologies for those who are still in deepest Europe.

Another Training First!

As part of our powerboat training programme PISC ran a safety boat crew course on 28th January.

The course objective was simply to improve the effectiveness of the safety boat team and it was attended by 7 enthusiastic trainees. They were

- Mike Robb**
- Terry Mitchell**
- Lawrence Mantz**
- Tony Crow**
- Christine Hall**
- Paul Clark**
- Bill Crawford**

It was a new course and it was clear from earlier feedback, that it was training that was really wanted. The weather was ideal for the training drills we practiced and we integrated these with our normal Thursday sailing activities.

The course content is diverse and designed to improve a wide range of safety skills. These included H&S, communication, rope throwing, knots, boat preparation, routine drills and rules of the road. When the wind dropped we even towed Phil Mutton's dinghy into the harbour, although he could probably have managed it without assistance!

We had lots of brilliant feedback from the course members, which will be used to improve the next course. Looking further ahead the intention is to involve the trainees in the next safety cox'n training course.

I would like to thank Jim Ridgeway and Scottie Fraser, who were the course trainers and Pete Bagshaw for his impromptu boat preparation training.

John Tremain
 Power Boat Chief Instructor



Sail First

We have received an email from Vassilis of Sail First, Paphos.

He says; "We will need a permanent Skipper for the

J80 this summer. The Skipper needs to start in April. Monthly salary, and work in daily base. Please tell me if you know any young guy who is interested. Thanks Vassilis"

January Monthly Mug Competition



January marked the birth of a new initiative down at AG thanks to great support from one of our members, Mike Robb. Mike has kindly donated presentation mugs for the first year to the winning helm and crew in a new Monthly Mug competition which is being run alongside the seasonal series, but under different personal handicap arrangements.



Mike Robb and Tony present Penny and Paul with their mugs.

January was not a great month for sailing due to the poor weather. Only 4 races were possible, but there was a strong turnout on Saturday 30th January to ensure good competition. Despite the Sailing Committee's best efforts we were unable to prevent Commodore Paul and Penny from snatching the first mugs with a convincing display over all 4 races.

Congratulations to them both. Don't worry their handicap has now been increased by 10% to ensure (hopefully) that it does not happen next month.

Tony RCS

North Sails opens massive sail loft



Photo courtesy: Ian Roman/The Daily Sail

On 21st January North Sails officially opened their new UK sail loft based in the maritime south coast hub of Gosport.



The loft will incorporate many global departments under one roof: North Sails 3Di and Superyacht finishing, One Design sail production and Certified Service. It is the first loft of its kind to specialise in superyacht sails and boasts the largest raised finishing floor in the world at 1,950m². Once again pushing the boundaries of sail technology, innovation, and manufacturing, this will be North Sails' European flagship facility.

The 110m long main loft floor is complemented by state-of-the-art equipment, all of which will assist production teams in producing and finishing sails faster and more efficiently than ever before. While continuing to design, manufacture and service current customers, the new space allows for work on special projects and custom finishing, especially larger projects.

On 21st January in Gosport, President of North Sails Group, Ken Read, will join European COO John Welch as well as Peter Dubens, Managing Partner of Oakley Capital and Chairman of North Technology Group, as they open the doors to allow invited guests to see the revolutionary sail loft and what it means for sailors around the globe.

"Production has begun in all departments," said European COO John Welch. "North Sails Gosport is a response to the ever-increasing size and demand for

superyacht sails, and represents a positive consolidation of our many departments. We are excited about the space we now have and the opportunity to serve our customers with greater speed and efficiency. North Sails' continued commitment to design and development is at the forefront, enabling us to keep pushing forward in all areas of sail manufacturing."

Divided into two manufacturing bays, the main finishing floor has been specifically designed for superyacht finishing. The 101x30M space allows for two J-Class headsails and a mainsail to be laid out at the same time. The floor has an overhead gantry with a 3.2 ton load capacity, five rotating sewing machines and two traveling sewing machines - where the machine moves atop a belt the length of the finishing floor, stitching the luff or leech without moving the sail. In a neighboring bay, Gosport houses three plotters and two separate raised floors for One Design and Certified Service.

"The Gosport manufacturing loft reflects North Sails' commitment to professional sailmaking and our ambition to remain on the cutting edge," said North Sails president Ken Read. "I'm excited for the opportunities ahead and would like to congratulate the local team for pulling it all together and creating something truly unique in the sailmaking world."

U.K.

PISC First Aid Course



Tuesday 26 January 2016

Eight members of PISC attended the EFAW NUCO Training course and two opted to purchase the RYA Certificate.

Our instructor Chris Sargeant, from Kembali First-Aid, gave us an excellent presentation and adapted the course to our own requirements i.e. a sailing club, adding useful elements such as secondary drowning and an introduction to AEDs.

Thanks go to Jaqui who provided a selection of soups and rolls for the lunchtime break.

Overall, the course was well received by all attendees.



Brigitte Davenport
First Aid Officer



New Defibrillator now purchased



A Defibrillator similar to the one supplied

Carrying on from the First Aid Course report above the Commodore states " The Club has purchased an automated external defibrillator (AED) for the clubhouse and AG. The AED chosen is a Lifeline unit from a US company called Defibtech which was supplied by the local Cyprus distributor who did a handover with basic training at the clubhouse on February 12th. An AED is a small lightweight device that in the case of a medical emergency will analyse a person's heart rhythm and can recognise Sudden Cardiac Arrest. It is not possible to hurt someone with an AED. The only effective treatment for a person who has suffered cardiac arrest is the combined administration of CPR and the use of a defibrillator. An AED will, but only if required, deliver an electric shock to allow the heart's natural pacemaker to restart normal rhythm. Every minute that passes for a victim without defibrillation means a 10-14% drop in their potential survival rate. AED's are designed to be used

by anyone who arrives first on the scene of a medical emergency, even those with minimal first aid training. PISC has over 30 trained first aiders amongst its members".

World Speed Sailing Record: Vestas SailRocket does it again

Just when you thought surfing at 8 knots in a Kestrel was scary. Check this guy out on Youtube.com and have a read of this.



Paul Larsen describes how he took Vestas SailRocket to the unimaginable speed of 65 knots...average

Do we have any superlatives left? Possibly not. If taking the World Speed Sailing Record over a 500m course up from 55.65 to 59.23 knots Friday before last was not a big enough leap in the record, Paul Larsen and his Vestas SailRocket this Saturday launched the record into outer space when they clocked a unimaginable 65.45 knot average speed off the beach at Walvis Bay, Namibia. These records have yet to be ratified by the World Sailing Speed Record Council, but given that this record has typically gone up in knot or half knot increments over the last decades, to have packed almost 10 knots on to kiteboarder Rob Douglas' previous record over the last 10 days represents the most groundbreaking moment we've ever witnessed in our rather long career in yachting journalism. For Larsen, sailing's own Chuck Yeager (the first man to go supersonic), it is a case of 'job done', although he reckons there is still fuel in the tank. While he managed a peak speed of 67.76 knots on 'the run' on Saturday, he believes a 70 knot peak speed still to be possible. But on Saturday Larsen exceeded even his own demanding expectations: "I was hoping for a 62. I thought that would have been good," he admits. While their previous 59 knot record occurred in one take, Saturday's took considerably more effort and only happened after two runs that were in the ballpark, but not quite good enough. Larsen explains: "The first run we were aiming for 60 knots and it was a 63 knot peak and a 58 average, but it sagged off a bit in the middle, so it was still fast but it didn't string the average together."

EGM

Extraordinary General Meeting 5th Feb 2016

An Extraordinary General Meeting was called on 5 February. Around 42 members attended and proxy votes put the overall number “present” at 62. The Commodore has since sent a mailchimp report so I won’t repeat it here. There were 12 resolutions, mainly amending the Constitution and 1 which completely removed the Club Rules for a new version. With lots of changes it was a shame that more members were not available for the EGM discussions. It was lamentable that when the meeting came to an end, many members turned up for a good lunch.

You don’t need me to tell you that in most clubs attending the AGM or EGM, when one is called, should be considered mandatory for members. It is up to all members who cannot attend to send their apologies to the Hon Sec well before the event. With proxy votes you can still have your say from a distance. Enough said.

Whilst talking about the EGM the members voted to remove the “Tourists” from Temporary Membership entitlement which is a shift from the previous rules. So no tourists can now be temporary members however, should members of Sailing Clubs, who are tourists come to join us then they can join as temporary members. It is advisable that you read the new club rules to ensure you know the latest information.



Now for the PISC AGM. It will take place on Friday 15th April 2016 at the Clubhouse; starting at 10h00.

If you are on the Island please attend whether you are interested in the Club for sailing, boating, or socially. If you have ordinary membership status it is your Club, your opinion counts, your vote counts.



Clipper Race: Making Great Progress

Published on February 1st, 2016

Day 13 – The Trade Winds ride continues to provide great mileage for the Clipper Round the World Yacht Race fleet as constant wind angles and speeds result in 10 to 12 knots boat speed under heavyweight spinnakers. The race lead remains unchanged with Derry~Londonderry~Doire maintaining its first place position, GREAT Britain still second, though Qingdao has moved into third after passing ahead of Garmin as it changed course west across the fleet.

Derry~Londonderry~Doire Skipper Dan Smith reports: “Squalls carried on through the morning yesterday but by the afternoon they’d passed and we were flying towards our waypoint with speeds in the high teens consistently and big surfs pushing the boat forwards. We were making great progress.

“This ended with an email from Clipper Race Office saying that there was a course change and the next waypoint had moved. We wouldn’t be able to carry our spinnaker so down it came and we changed back to white sails on our new course. We still had an impressive six hours doing more than 80 nautical miles. This also meant that a tired skipper and crew were able to rest without the hard work that flying a spinnaker in windy conditions involves.”

The Race Committee extended the course after a far faster than expected Doldrums passage, through which the boats cleared in just four days, compared to nine during the last edition. The Vietnamese national holidays for Tet New Year mean crew are unable to go through immigration so many days early, though the lengthened course should mean they arrive at the earliest time in the scheduled 17 to 21 February arrival window.

Seventh place Da Nang- Viet Nam Skipper Wendo Tuck says: “The course amendment has now been poured over and new waypoints added. The boat is moving fast and I think everyone is happy, it will be nice to have some ‘naviguessing’ to do again in a few days as we have been in the same general direction for what seems like ages now.

“Today’s excitement was plotting our position on a different chart. It is always nice to put one away and get the next one out, it’s all those little milestones

that show your progress, next one will be sailing in the Philippine Sea.

“Anyways all is well on the good ship ‘Flo’ (the nickname for our boat) as we truck along with maybe some detours to Da Nang, more time on the oceans can’t be a bad thing.”

Cloud cover from the squall activity of the previous 24 hours has remained today, bringing a much welcome break to the blazing sun and has allowed slightly more comfortable living conditions down below for crew. With less rain and flatter seas, hatches have been able to be opened, providing a chance to air out the boats a little, though temperatures remain in the high 20’s.

LMAX Exchange is now fifth after it suspended racing temporarily yesterday morning to attend to a dismasted yacht. Now back racing, Skipper Olivier Cardin says: “We are making good progress to Amianan Island, our new mark to leave on port after the Race Office extended the course. It’s longer now but it will open the game and give us the opportunity to come back.”

Further back, eleventh place Visit Seattle will pass by the Mariana Trench later today. The deepest water on the planet, it is 10999 metres deep, known as Challenger Deep. Put in perspective that is 25 per cent deeper than Mt Everest is high, and greater in height than the altitude commercial plane’s generally fly at. Mission Performance, in twelfth place after getting stuck in lighter winds for longer than the rest of the fleet, continues to report positive gains, with Skipper Greg Miller noting: “For the last six hours we have been clocking up some of our best speeds of the race so far with a target set by circumnavigating Mission Performance Warrior Gavin Reid of 20.1 knots. It is quite hard to sleep with all the ‘woop whooping’ that is going on from the cockpit right now! Hopefully the novelty will not wear off and we will continue to get these great speeds. We are hoping to be able to hold the kite for a number of days if not longer.”

***Positions correct at 1100 UTC Courtesy: event media.**

The fleet have since spent ten days enjoying great hospitality in Da Nang, Vietnam they are now on their first day heading out into the China Sea for Leg 8 Asia-Pacific Challenge

Our new Young Sailor training fleet needs your help



Kid's sailing Laser Pico's

To reiterate Phil's call for sponsorship and contributions for the new Laser Pico fleet I put his letter in the news for those who haven't seen it.

“Dear fellow Members, The next few months are set to be exciting ones for your Club. In partnership with the TCL school in Agios Georgios, we are finally to launch our Youth Sailing program. Students will become members of the Club through the new “Student Membership” category that was approved at the EGM.

There are many necessary steps in bringing the project to fruition, full details of which can be found on the Forum, but that is not the purpose of this note. To get the most of the program we believe it best to do so with a fleet of low maintenance dinghies that are designed for training young sailors aged 14-17.

After much research, we have chosen the Laser Pico, a decision that was endorsed during a recent visit by an instructor from ISAF World Sailing. We will need 6 boats, and whilst good second hand Laser Picos are available inexpensively in the UK, it is still too much to think that the program can support the acquisition cost through course fees. We are budgeting €2,000 per complete boat, inclusive of shipping.

The Club cannot commit such funds from its reserves, and this email is an appeal for help with funding, via any donation, large or small. Many of us benefited from the generosity of others, often strangers, when we first took to the water. A pledge of any amount would help us towards our goal and would not only benefit the youngsters involved, but also your Club and our efforts to embrace the wider community.

Donors will be recognised on an honour roll, without mention of individual amounts, but you may also choose to remain anonymous. Should anyone be generous enough to purchase a complete boat, they will have the privilege to name the boat or advertise their business as a prime sponsor. All funds raised will be solely for Youth Sailing and will be accounted for separately within the Club's general accounts.

If you feel able to help, please respond in confidence to by 15th March 2016.

With grateful thanks, yours in sailing,

Phil Mutton, Training Officer

Stop press:

The monies collected and pledged so far for the Pico fleet have now amounted to the first Pico being funded. Well done and many thanks to those members for their generous contributions. We now have up to five more to go, also in conjunction with the TCL School simultaneous fund raising. Please consider a donation towards these training dinghies. They will make a big difference to our Club.

Also in the news while Phil and Sylvia are away **Terry Mitchell** will take over as training coordinator acting as Deputy Training Officer. All details of courses are to be passed to him so that he can coordinate with candidates and Instructors.



Sponsor a Laser Pico!

Or part of one... .Every little helps!

Safety Boat Training at CYSAF, Limassol

Further to World Sailing's Mr. Rob Holden's instructions during the Technical Course for Coaches. The practical part of the course was held on Sunday 14th February at the Sailing Centre in Limassol.

To complete the ISAF / World Sailing Technical course a Sunday session was arranged for Safety Boat practical training. Phil and Myself attended for PISC and other course members were there from Famagusta, Limassol and Begafigo Sailing Clubs. The course instructors were Yiannis Papazoglou and Socrates Jordanou. A useful session doing man over board, slaloms and 3 point turns etc. however they do need some funding over there to get their 5 Rib's into full specification!



CYSAF Best Sailor Awards - 2 March 2016

The Hon Sec has received the annual invitation to the Sailing Awards in Nicosia. I have copied it below. While the ceremonies are in Greek one can get the gist of the awards. You need to be there for 1900. We have previously hired a bus for the awards, which is advisable due to the cocktail party afterwards! It is only for a couple of hours and we do usually send representatives. Why not arrange for some friends to go? They like to see PISC Members there.

Message from CySaF as follows: "Please find attached an invitation re our annual awards ceremony.

We kindly ask you to forward it, to your club members. We would be very happy if you could join us. Best Regards, Chris Comitis CySaF Secretary"



Previous award ceremony we all met Pavlos!





BEST SAILORS AWARDS 2015

Invitation
The president and the members of the board of directors cordially invite you to attend the Best Sailors Award ceremony that will take place at the Olympic Building Nicosia on the 2nd March 2016 at 19:00.

Honorary Award to Mr. George Andreadis, Vice President of World Sailing.

*A cocktail party will follow.

RSVP: until 20.02.2016
Tel: +357 25320559 | Fax: +357 25328953
P.O. BOX 51813, 3508 Limassol - Cyprus
cyacyp@cytanet.com.cy www.cysaf.org.cy



Gibsea 44 with four members and another club Beneteau 41 will attend with two members onboard. Paul and Penny might also rendezvous with their new boat, see next article. Trevor and I have produced a detailed passage plan with several alternate harbours should the wind be from the wrong direction for planned anchorages. We will visit many lovely harbours including Poros and Napflion, the ancient capital of Greece.

I will be holding a meeting in early April for all Rally goers to compare plans and sort out travel arrangements, meeting places and to review the passage plan. Those going please let me know when you are available.

September Rally Turkey 3rd – 17th Sep

With reference to the Autumn Rally, I have had a pledge of one charter yacht so far which will have four crew onboard. There is also interest far from one lady member who is available for crewing. A second yacht is also being planned. I am planning to run the Rally from Orhaniye area around to Marmaris, stopping at several bay anchorages and towns on the way to Fetiye and return. Please let me know your interest and don't keep it to yourself.

I note that we do have members planning to move their yachts from Turkish based marinas to new Greek base marinas. We shall see which yachts settle in Greek waters for any future Rallies.

Of course members can arrange Ad hoc Rallies as they wish!

Commodore Pauls' new yacht

The Commodore has given me a new picture of his new cruiser and very nice it is indeed! So he said it was an old one, yes, I suppose 2010 is old?



Dufour 405 "Exuma Gal" joins the Club (similar yacht)

Spring Greek Rally – Saronic Gulf



Lagoon 450 charter yacht – Lovely charter boat for 9
Here is the latest news on the Club Rally to Athens and the Saronic Gulf in May. We are now all systems go and most of our crews will fly to Athens for the start of the Rally on the 14th May. Some, however, will sail across the Aegean to meet up with the others. We have chartered one charter Lagoon 450 catamaran with 9 members similar to the one pictured above. Another charter yacht will be a Beneteau 41 yacht with four members onboard. Trevor will sail in his

Sir Ben Ainslie wins latest round of the America's Cup Qualifying

Sir Ben Ainslie's BAR team have won the America's Cup World Series in Oman.

They were leading after Saturday's races but had a fight to stay top of the leaderboard on Sunday after a poor start in race four and two penalties in races five and six.

But other results went their way and BAR won with 76 points, two ahead of defending champions Oracle Team USA.

Four-time Olympic champion Sir Ben said: "It was pretty tough and we were relieved to get back on top of Oracle."



BAR Team in Oman photo: Getty Images

The BAR team included Rio-bound Finn world champion Giles Scott, whom Sir Ben praised for his tactics.

The Louis Vuitton America's Cup World Series is the first stage of competition in the 2017 America's Cup, with the next round of racing being held in New York in May.

The World Series will also visit Chicago, Portsmouth and Toulon this year, with a possible sixth event in Tokyo as it continues its bid to bring state-of-the-art sailing to a wider international audience.



Courtesy: BAR Racing

Well that's our news. Most members will know that we have several members who are currently very ill and we want you to know that we are all are rooting for you. Please keep us informed should you need any assistance, contact or support. We all look forward to your speedy recovery.

On behalf of the Commodore and the General Committee thanks for reading it. Please send any articles to me or alert me to newsworthy items for future newsletters.

All the best and stay safe



Chas Kimber

Editor



Paul Hutton-Ashkenny

Commodore

